

Filipyuk Oleksandr



Personal Details:

Rivne, Ukraine

Date of birth: 18 March 1965

Marital status: married

Tel. +380 672672367 (Ukraine)

E-mail: Filipulas1965@gmail.com

Objective: Coach, ISSF shooting, pistol

Personal summary

A highly competent and enthusiastic shooting sport coach with able to develop perfect skills of implementation shooting events. Possessing a successful track record of evaluating athletes, understanding their needs and then developing a practical and achievable workout routine for them to reach their targets. Possessing the necessary communication skills required to gain the trust of athletes and thereby retain the good relations to better understand case you want to perform together. Indeed during the previous 12 months successfully increase results from the low level to high enough, achieve personal record in international competition.

Work experience

Coach of a regional team with athletes with disabilities and deaf athletes, pistol – work present

National Sports Council, Malaysia National shooting team coach, pistol (ISSF)

October 2009 – September 2015

Coach, pistol (ISSF), Children's sports school. High sports school.

December 1985 – July 2009

Working closely with athletes to develop personal plans for training and improvement in shooting events for them. Responsible for advising healthy lifestyle, nutrition, and encouraging sport for the general development that help in shooting events.

Duties

- Providing one to one guidance to athletes to help them achieve their shooting goals.
- Enforce safety in the use of weapons.
- To study and improve knowledge ISSF shooting rules.
- Selecting the correct set of basic exercises for athletes to achieve maximum results.
- Improving technique of shooting events using equipment SCATT.
- Variety of exercises for the shooting.
- Psychology shooting.
- Shooting in extreme situations and difficult weather conditions.
- Tracking an athlete's progress and accurately updating their record.
- Explaining the results of sportsmen they can expect from concrete auxiliary exercises.

Key skills and competencies

- Ability to successfully motivate and encourage individuals.
- Know the ISSF shooting rules.
- To know a pistol. Simple repair and service.
- Excellent knowledge of professional shooting range training equipment as firing position, the electronic target

Academic qualifications

Specialist.

Pedagogy, physical education and sports.

State Humanitarian University 1986 – 1991, 2016-2017